



For Immediate Release
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**AllergyEats Announces 2020 List of Top 10 Most Allergy-Friendly
Restaurant Chains in America**

With multiple cuisines represented, this year's list illustrates the growing diversity of choices for food-allergic diners

BOSTON – [AllergyEats](http://www.AllergyEats.com) is pleased to announce its 2020 list of the Top 10 Most Allergy-Friendly Restaurant Chains in America. Derived from the restaurant reviews of food-allergic diners across the U.S. on the AllergyEats app and website (www.AllergyEats.com), this comprehensive list recognizes both small and large restaurant chains that have been ranked highest by food-allergic diners. With many food-allergic diners facing limited options during this universally difficult time for restaurants, the AllergyEats Top 10 Chains list is a great resource for those seeking take out and dining in options. This year's list also features restaurants with a wider variety of cuisine categories than in prior years, a positive indication that a greater diversity of chains are taking the steps necessary to be allergy-friendly, particularly when compared to the dining landscape a decade ago.

The 5 Most Allergy-Friendly Large Chains (at least 50 locations):

- 1) Bertucci's (4.68)
- 2) In-N-Out Burger (4.64)
- 3) Maggiano's Little Italy (4.53)
- 4) Ninety-Nine Restaurant & Pub (4.40)
- 5) Chipotle Mexican Grill (3.39)

The 5 Most Allergy-Friendly Small Chains (fewer than 50 locations):

- 1) Burtons Grill (4.86)
- 2) 110 Grill (4.72)
- 3) Flatbread Company (4.71)
- 4) Glory Days Grill (4.70)
- 5) True Food Kitchen (4.70)

“AllergyEats congratulates the restaurant chains on this list for having earned the highest allergy-friendliness ratings based on feedback directly from the food allergy community,” Paul Antico, Founder and CEO of AllergyEats said. “This year’s list has returning favorites like Burtons Grill, which consistently ranks highly each year, along with newcomers such as Glory Days Grill and True Food Kitchen. We’re so encouraged to see new and varying types of cuisines joining the reliable choices that food-allergic diners have come to count on for positive dining experiences. We appreciate the work and commitment displayed by the restaurants on this list and commend them on being leaders in allergy-friendliness, especially during this incredibly difficult time for restaurants and the food service industry.”

These rankings are based on the compilation and averaging of all individual restaurant reviews by AllergyEats users during 2019 into chain-specific allergy-friendliness dining out scores. The scoring is based on a 5-point scale, with Burtons Grill garnering the overall best ranking for the fourth year in a row. This year’s list marks the eighth consecutive year AllergyEats has released its list with Chipotle Mexican Grill, Burtons Grill, and Maggiano’s Little Italy earning and retaining a spot each year since the list’s inception.

Additionally, newcomers such as Glory Days Grill, a pub type grill restaurant, and True Food Kitchen, a restaurant focusing on health-driven seasonal ingredients, are great examples of small chains that are making a positive impact on food-allergic diners while emphasizing the different cuisine options represented on this year’s list.

“What an honor to be recognized as one of the top allergy-friendly restaurants in the country. Trust is the name of the game,” said Robert McCormick, Brand Chef for True Food Kitchen. “The True Food Kitchen team works tirelessly to ensure our guests can enjoy their meal in a safe & friendly environment. Thank you to the entire True Food team for making it happen!”

In addition to today’s release of the top chains in the nation, AllergyEats recently celebrated its 10th anniversary as well as released a third destination guide, [AllergyEats D.C.](#), which joins previously released [AllergyEats Disney World](#) and [AllergyEats NYC](#). For more information, please visit www.allergyeats.com.

About AllergyEats

AllergyEats (www.allergyeats.com) is the leading guide to allergy-friendly restaurants across the United States for over 30 million Americans living with food allergies and gluten intolerance. As a crowdsourced guide, AllergyEats allows food-allergic diners to find, rate, and share the allergy-friendliness of any restaurant in the U.S., based on desired location and specific allergies. AllergyEats also offers an award-winning blog, popular “Top 10” lists, destination guides, an active social media community, and more. AllergyEats is available as a free app on iTunes and Google Play, as well as at www.allergyeats.com. For more information, please email contact@allergyeats.com.

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